

# How to Download MP3 audio files

## 1. Login to the system

Access [www.stepupnihongo.com](http://www.stepupnihongo.com) type in your Login ID/Password and log in.

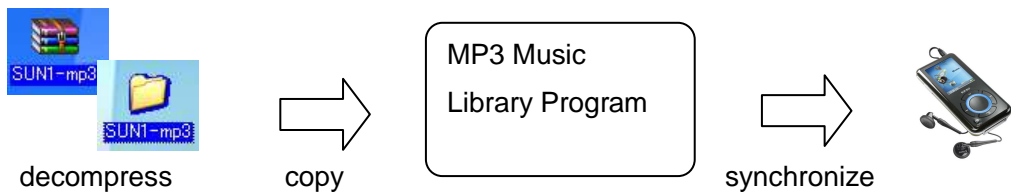
## 2. Download files

Click the appropriate MP3 link on the left hand side of the screen and Download the audio files to your PC during the access period.



## 3. Copy audio files to your music library program

After decompressing the downloaded audio files, copy the files to your MP3 music library program and synchronize it with your MP3 player.



## SUN 3 MP3 Track Number Sheet

<b>Introduction to Step Up Nihongo</b>	
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C	Track 5
D	Track 6
E-①	Track 7
E-②	Track 8
F	Track 9
G	Track 10
H	Track 11
I	Track 12
J	Track 13
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L	Track 15
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A-②	Track 19
A-③	Track 20
A-④	Track 21
A-⑤	Track 22
B-①	Track 23
B-②	Track 24
B-③	Track 25
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B-②	Track 37
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D-①	Track 39
D-②	Track 40
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ドリル (Drills)	
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A-②	Track 46
B	Track 47
C	Track 48
D	Track 49
E	Track 50
F	Track 51
G	Track 52
聴解テスト (Listening Comprehension)	Track 53

<b>Lesson 55</b>	
基本会話 (Basic Conversation)	Track 54
ドリル (Drills)	
A	Track 55
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B-②	Track 57
C	Track 58
D-①	Track 59
D-②	Track 60
E-①	Track 61
E-②	Track 62
F-①	Track 63
F-②	Track 64
G	Track 65
聴解テスト (Listening Comprehension)	Track 66
<b>Lesson 56</b>	
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A-①	Track 68
A-②	Track 69
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B-②	Track 71
C	Track 72
D	Track 73
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H	Track 77
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C-①	Track 83
C-②	Track 84
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B	Track 99
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D	Track 101
E	Track 102

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F-④	Track 106
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A-①	Track 111
A-②	Track 112
B-①	Track 113
B-②	Track 114
C-①	Track 115
C-②	Track 116
C-③	Track 117
C-④	Track 118
D	Track 119
E	Track 120
F-①	Track 121
F-②	Track 122
G	Track 123
H	Track 124
I	Track 125
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A-②	Track 131
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B-②	Track 133
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D-②	Track 144
E	Track 145
F	Track 146
G-①	Track 147
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F	Track 157
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A-①	Track 165
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D-③	Track 171
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基本会話 (Basic Conversation)	Track 186
ドリル (Drills)	
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ドリル (Drills)	
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基本会話 (Basic Conversation)	Track 205
ドリル (Drills)	
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C	Track 208
D	Track 209
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F	Track 212
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B-②	Track 222
C	Track 223
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B-①	Track 234
B-②	Track 235
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A-①	Track 246
A-②	Track 247
A-③	Track 248
B	Track 249
C-①	Track 250
C-②	Track 251
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D-②	Track 253
E-①	Track 254
E-②	Track 255
F	Track 256
G	Track 257
H-①	Track 258
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D-②	Track 280
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